

PARTNERS IN PROGRESS

ALL IN 2020

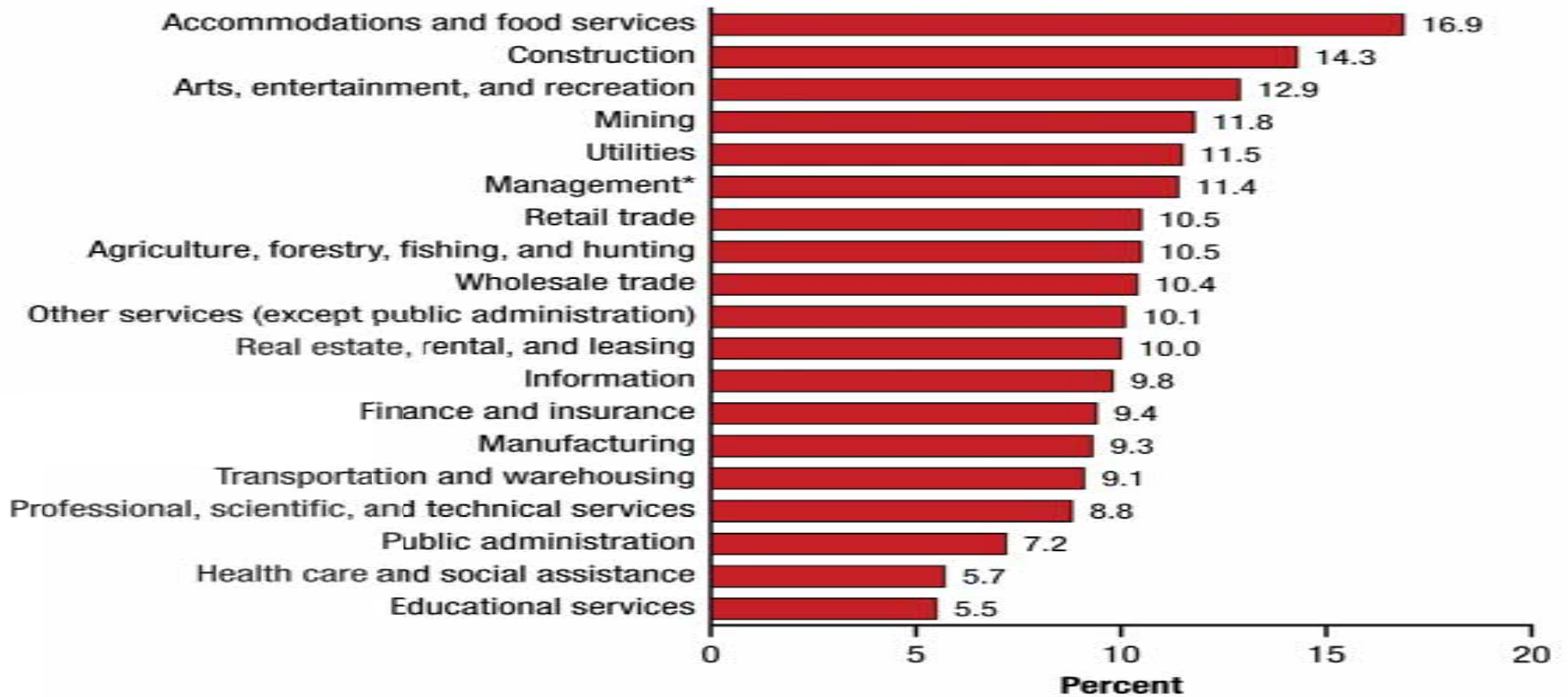
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CHRIS CARLOUGH & BEN CORT

SMART MAP 2020



SOME NUMBERS...

- Most people who abuse alcohol or illicit drugs are employed.
- 76% of illicit drug users are employed either full or part-time.
- Of the nearly 43 million adult binge drinkers, 81% are employed either full- or part-time
- Of the 12.4 million heavy drinkers, 80% are employed.



REDUCED PRODUCTIVITY

EMPLOYEES WHO USE DRUGS, CONSUME ALCOHOL AT WORK, OR DRINK HEAVILY AWAY FROM WORK...

- Exhibit job withdrawal behaviors, such as spending work time on non-work-related activities, taking long lunch breaks, leaving early, or sleeping on the job.
- Employees who drink heavily off the job are more likely to experience hangovers that cause them to be absent from work; show up late or leave early; feel sick at work; perform poorly; or argue with their coworkers



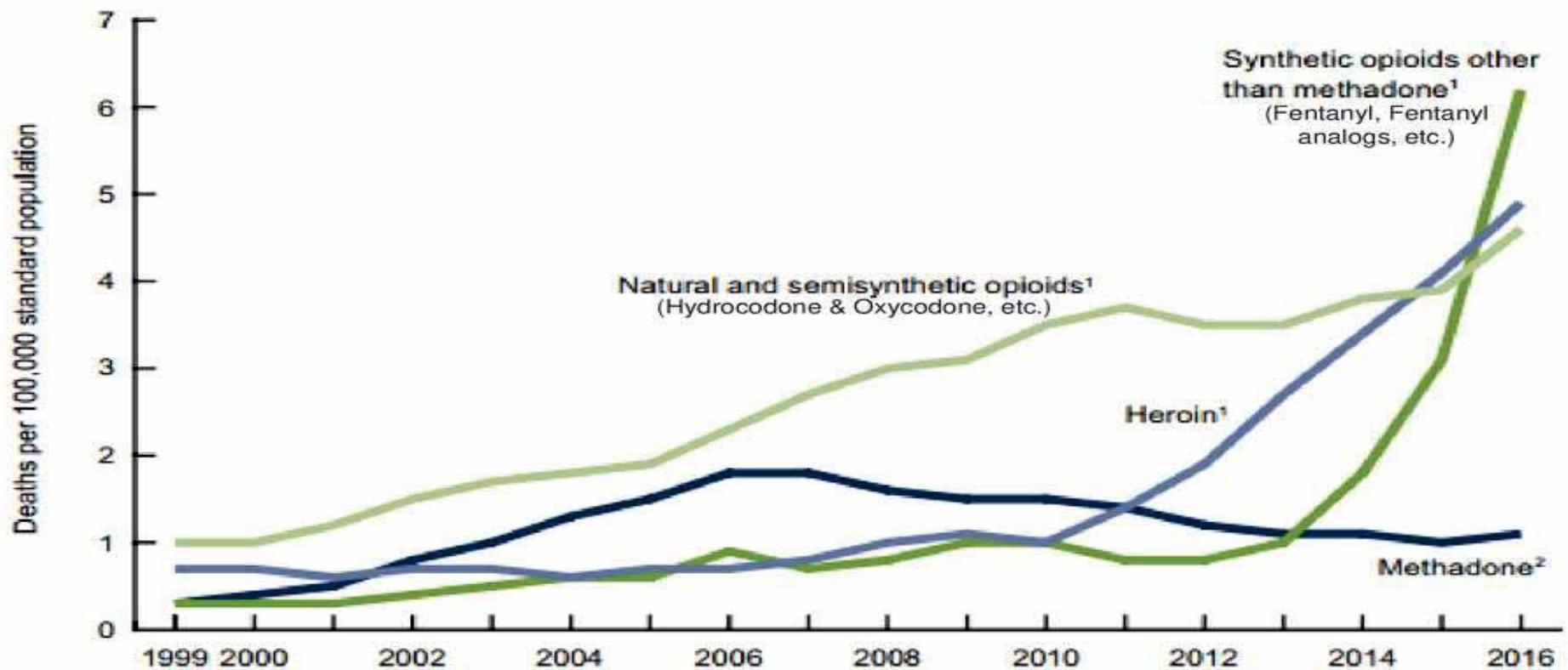
MORE TURNOVER COSTS

- People with drug or alcohol problems were more likely than others to report having worked for three or more employers in the previous year.



Opioid OD Deaths: 1999-2016

By Type of Opioid (Rx, Heroin, Fentanyl, etc.)



High-dose opioid prescriptions

2017:
48 Million

Rx

21%

2018:
38 Million

2020 SMART Department of Education

Naloxone prescriptions

2017 **270,000**

2018 **556,000**



A brief discussion: Opioids vs Alcohol



PAST THE HEADLINES

OTHER SUBSTANCES OF CONCERN



Amphetamine use is surging

Changing marijuana laws combined with a poor understanding of today's THC and forms of consumption are leading to a whole new set of issues in the workplace

Synthetic opioids continue to grow in strength

SMART MAP PEER

THEIR ROLES...

- Early intervention
- Understanding benefits and avenues of support
- Follow up and support



PEER TRAINING

SUBJECTS COVERED...

- Signs and Symptoms training for safety-sensitive employees
- Suicide prevention
- Motivational interviewing
- Confidentiality and ethics
- Compassion fatigue and self care
- Mental health and psychiatric disorders
- How to intervene
- Return to work
- Understanding treatment

IS PEER RECOVERY COACHING EFFECTIVE?

People who have worked with peer recovery coaches provide strong testimonies of the positive impacts of peer recovery support on their own recovery journeys. The research supports these experiences. While the body of research

is still growing, there is mounting evidence that people receiving peer recovery coaching show reductions in substance use, improvements on a range of recovery outcomes, or both. Two rigorous systematic reviews examined the body

of published research on the effectiveness of peer-delivered recovery supports published between 1995 and 2014. Both concluded that there is a positive impact on participants (Bassuk, Hanson, Greene, Richard, & Laudet, 2016; Reif et al., 2014).

Two rigorous systematic reviews examined the body of published research on the effectiveness of peer-delivered recovery supports published between 1995 and 2014. Both concluded that there is a positive impact on participants (Bassuk, Hanson, Greene, Richard & Laudet, 2016; Reif et al., 2014) ...Taken as a whole, the current body of research suggests that people receiving peer recovery support may experience:



Improved relationship with treatment providers
(Sanders et al., 1998; Andreas et al., 2010)



Increased treatment retention
(Mangrum, 2008; Deering et al., 2011; Tracy et al., 2011)



Increased satisfaction with the overall treatment experience
(Armitage et al., 2010)



Improved access to social supports
(O'Connell, ND; Boisvert et al., 2008; Andreas et al., 2010)



Decreased emergency service utilization
(Kamon & Turner, 2013)



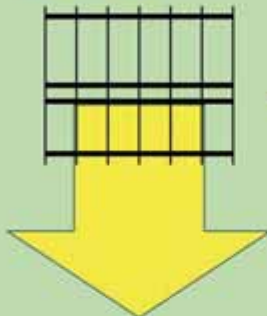
Reduced re-hospitalization rates
(Min et al., 2007)



Reduced substance use
(Bernstein, et al., 2005; Boyd et al., 2005; Kamon & Turner, 2013; Mangrum, 2008; O'Connell, ND; Rowe, et al., 2007; Armitage et al., 2010)



Greater housing stability
(Ja et al., 2009)



Decreased criminal justice involvement
(Rowe, et al., 2007; Mangrum, 2008)



Reduced relapse rates
(Boisvert et al., 2008)

REFERENCES

Armitage, E. M., Lunn, H., & Moore, T. J. (2010). Recovery

SMACNA TRAINING

4-HOUR TRAINING FOR OUR CONTRACTORS

- Examining construction culture as it relates to SUD and mental health
- Partnership with treatment providers and other solutions
- Peer training support
- Return to work
- ROI

OUR MISSION...



To develop a network of support for our members and their families who are facing the health epidemic of substance use disorder and other mental health problems including suicide through awareness, training and support by compassionate union members

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