## BUILDING the FILTINE



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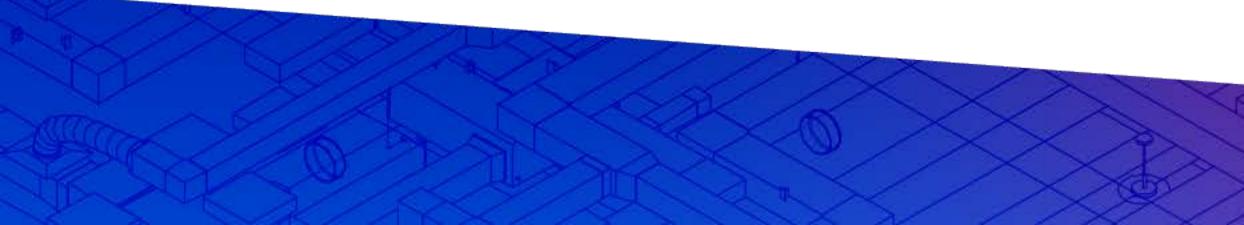
## D.J. ALLEN PERFORMANCE COACH

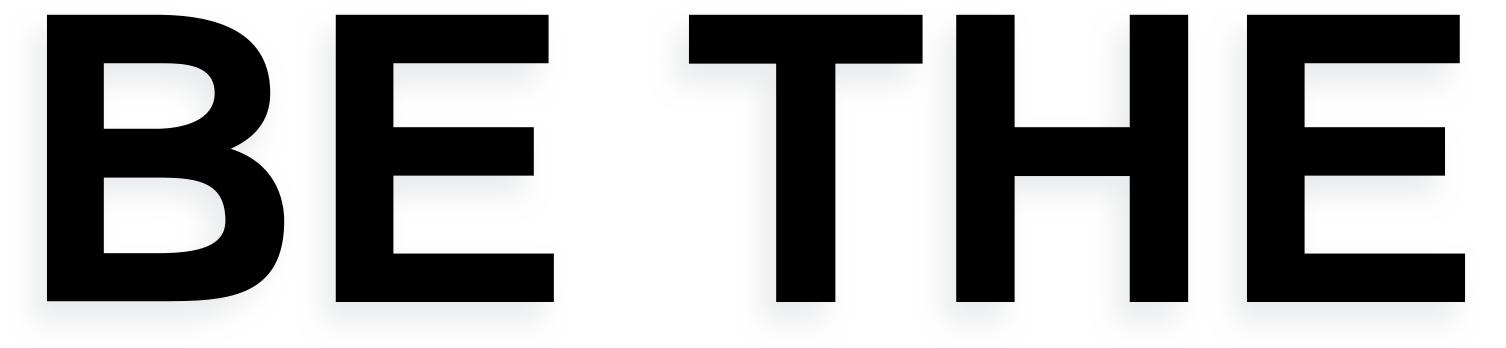


## COMMUNICATING FOR RESULTS









"The best way you can improve yourself is to learn to communicate better. Your results in life will be magnified if you can communicate them better." -Warren Buffett

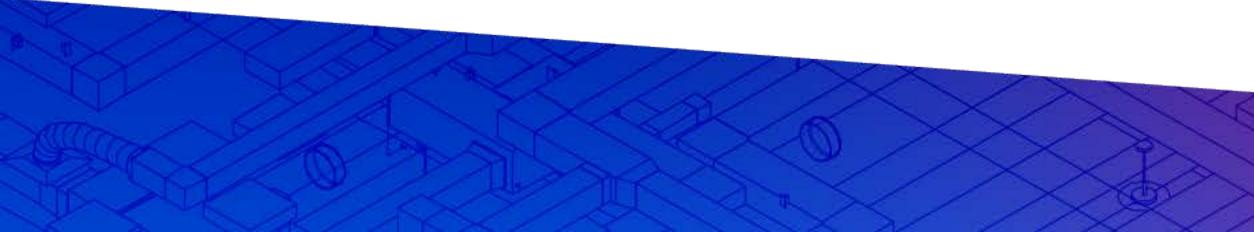
"It's not just about speaking or reading, but understanding what is being said - and in some cases not said. Communication is the most important skill any leader can possess." -Richard Branson

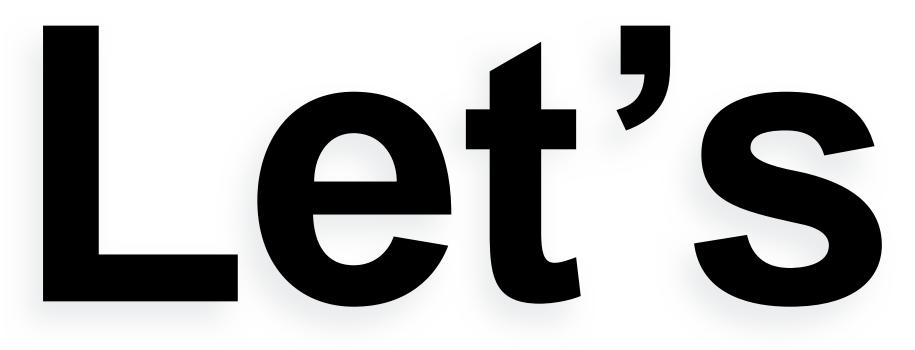
## words websenunicate, Body Language/Posture 55 Fone of Voice/Facial Expressions 100



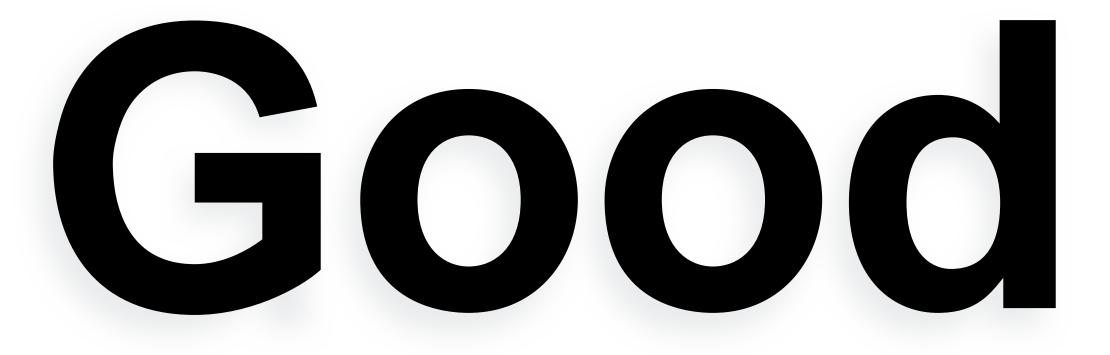
## "You're not only responsible for what you say. You're responsible for what they hear."

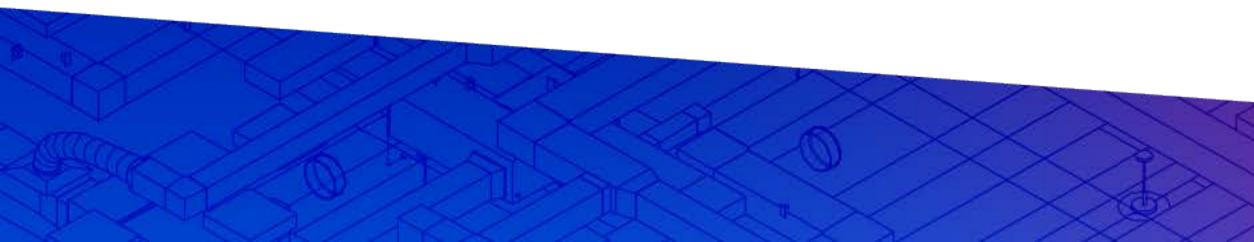


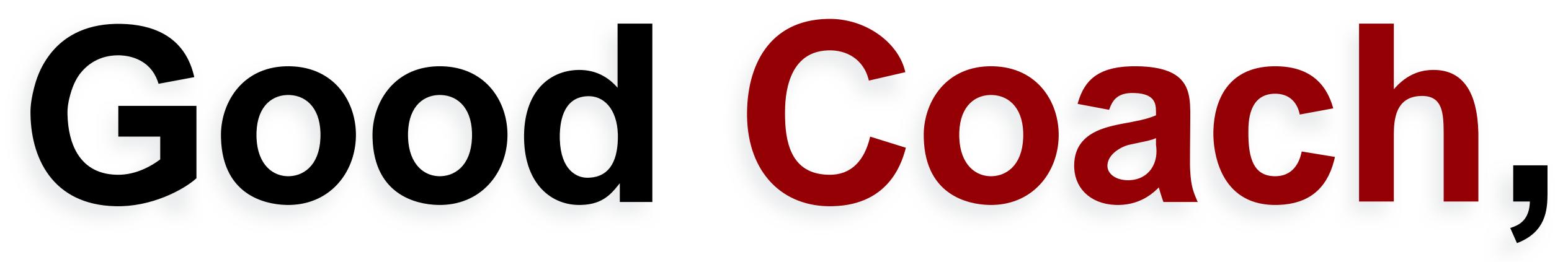




## Practice.







# Bad Coach.

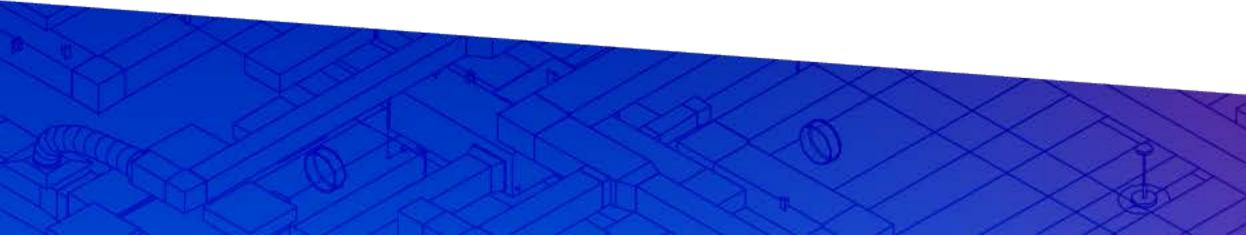


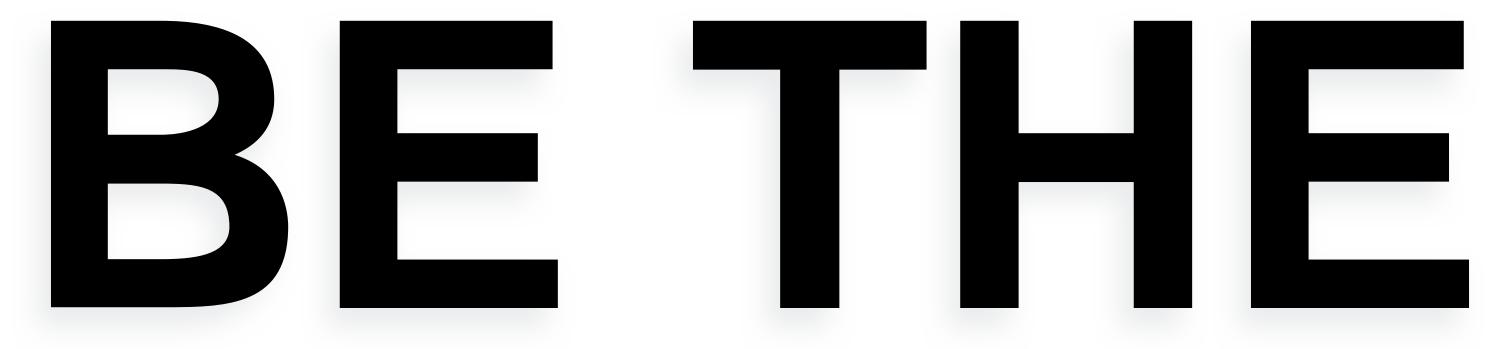
## "Let them know you know. Let them know you care." - Lon Kruger











### PLEASE REMEMBER TO FILL OUT YOUR BREAKOUT SURVEY ON THE APP

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